

ORIGINALLY MADE FOR ATHLETES TO INCREASE AEROBIC POWER


Then quickly became popular for Senior Wellness, Physical Therapy, Women's Fitness, and for at-home exercise.

Fast Fun Fitness

(918) 949-8362

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45-YEARS OF MANUFACTURING EXCELLENCE



Unlimited resistance matches your speed and force on all 6-levels of resistance. You will never max-out the resistance!

1) Shoulder Press
2) Lat Pull Down
3) Chest Press
4) Back Row
5) Leg Extension
6) Knee Curl

AS NUMBERS INCREASE RESISTANCE INCREASES

Fast Fun Fitness Professional Multi-Gym
Hydraulic resistance provides a muscle strengthening and cardiovascular workout in one machine!

This unit is 6-machines in 1-small chair!

Easy to adjust seat back fits any leg length.

45-years of manufacturing hydraulic cylinders specifically made for human exercise

~ TWICE THE RESULTS IN HALF THE TIME ~

Speed and strength combined ~ For the athlete this is **POWER** in half the training time
Accommodating to the user ~ For the de-conditioned it's **PERFECT** and non-intimidating
Cardio and strength combined ~ For the busy person it's better **RESULTS** with less effort
Six strength machines in one ~ For the budget minded it's better **VALUE** and less space

Gentle, Effective, and Accommodating to any user!